

Waverly-Shell Rock Community Schools Sick or Exposed Student Requirements

COVID-19 Parent Information

COVID-19 is a new disease, caused by a novel (or new) coronavirus that has not previously been seen in humans. The virus that causes COVID-19 is thought to spread mainly from person to person, mainly through respiratory droplets produced by an infected person. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Spread is more likely when people are in close contact with one another (within about 6 feet).

People with COVID-19 have had a wide range of symptoms reported – ranging from none to mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

Waverly-Shell Rock Community Schools will be adhering to the guidance from the Iowa Department of Public Health when evaluating ill students in the health office. The guidance from the Iowa Department of Public Health is as follows:

Students who have ANY high-risk symptom **OR** two or more low risk symptoms should not be in school and are advised to seek an evaluation by a healthcare provider.

HIGH RISK SYMPTOMS

New Cough
Shortness of breath
Difficulty breathing
New loss of taste/smell

LOW RISK SYMPTOMS

Fever	Fatigue
Headache	Muscle/Body aches
Sore Throat	Runny Nose
Congestion	Nausea
Vomiting	Diarrhea

STUDENTS MAY RETURN TO SCHOOL WHEN:

Situation 1: If child is NOT evaluated by a healthcare provider:

- At least 10 days have passed since symptoms first appeared **AND**
- No fever for at least 24 hours (that is ONE full day without the use of medicine that reduces fevers) **AND**
- Symptoms have improved

Situation 2: If a child is evaluated by a healthcare provider and determines one of the following:

- **Negative COVID-19 test and NO known exposure-** Students may return to school after 24 hours with no fever (without the use of fever reducing medicine) **AND** symptoms improving. (Physician's note is required).
- **Alternative diagnosis-** Students may return to school after 24 hours with no fever (without the use of fever-reducing medicine) **AND** symptoms improving (Physician's note required).
- **Positive COVID-19 test-** Return to school 10 days after symptoms started, **AND** 24 hours with no fever (1 full day without fever-reducing medications) **AND** symptoms have improved.

IDENTIFYING CLOSE CONTACTS FOR COVID-19

Students who have been in close contact with a COVID-19 positive individual (within 6 feet of a positive person for more than 15 minutes) will need to stay home and quarantine for 14 calendar days and monitor for symptoms. (Examples of close contacts: anyone living in the same household, someone at work, church, school, sports activities, etc.)

- If no symptoms develop, students can return to school 14 days from their last contact with the COVID-19 positive individual. If it is not possible to fully quarantine from the COVID-19 positive individual, the 14-day quarantine cannot begin until the positive individual's isolation period is complete.
- If symptoms develop, students should be evaluated by a health care provider.
- If a student tests positive for COVID-19, they should isolate for 10 days. After 10 days, they can return to school if fever free for a full 24 hours AND have improved symptoms.
- If an exposed student tests negative for COVID-19, they must still complete their 14-day quarantine before returning to school.
- Individuals who have been previously diagnosed positive for COVID-19 within the past 12 weeks, and were exposed to another COVID-19 case, do not need to be quarantined.

Click the link below to self-report a COVID exposure, positive test result, or presumed positive diagnosis. A separate form must be completed for each individual. The information submitted through this form will remain confidential and only used for the purposes of contact tracing and required public health reporting.

[Carey Elementary](#)

[Shell Rock Elementary](#)

[Southeast Elementary](#)

[West Cedar Elementary](#)

[Middle School](#)

[High School and Greenview](#)

[Lied Center](#)